


Salem Elementary Breakfast Menu

October 2016

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 2 Powdered Pro Balls or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Choice of Milk	4 Cinnamon Roll or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Choice of Milk	6 Whole Grain Banana Bread or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Choice of Milk	6 Banana Chocolate Chunk Breakfast Bar or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Choice of Milk	7 Triple Berry Crunch Bar or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Choice of Milk
10 2 Powdered Pro Balls or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Choice of Milk	11 Cinnamon Roll or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Choice of Milk	12 Whole Grain Banana Bread or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Choice of Milk	13 Banana Chocolate Chunk Breakfast Bar or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Choice of Milk	14 NO SCHOOL
17 2 Powdered Pro Balls or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Choice of Milk	18 Cinnamon Roll or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Choice of Milk	19 Whole Grain Banana Bread or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Choice of Milk	20 Banana Chocolate Chunk Breakfast Bar or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Choice of Milk	21 Triple Berry Crunch Bar or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Choice of Milk
24 2 Powdered Pro Balls or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Choice of Milk	25 Cinnamon Roll or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Choice of Milk	26 Whole Grain Banana Bread or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Choice of Milk	27 Banana Chocolate Chunk Breakfast Bar or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Choice of Milk	28 Triple Berry Crunch Bar or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Choice of Milk
31 2 Powdered Pro Balls or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Choice of Milk			Whole Grains Available Daily 	MENUS SUBJECT TO CHANGE

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Variety of Fresh Fruit, 100% Fruit Juice available daily.



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
 Fat Free White and Low Fat White

Proud to manage your
 food service program



Meal Prices:
 Paid \$.75
 Reduced \$.30
 Adult \$ 1.35

This institution is an equal opportunity provider.