

Salem Elementary 2017 Lunch Menu Aug/Sept

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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

*Students must choose at least one fruit or vegetable



Breakfast is Available Daily

Breakfast Price:
Paid **\$.75**
Reduced **\$.30**
Adults **\$1.35**

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	Whole Grains Available Daily 	Welcome Back!	23 Corn Dog Nuggets Glazed Carrots Sliced Peaches Choice of Milk	24 Chicken Nuggets w/ Rice Green Beans Mix Fruit Choice of Milk	25 PIZZA FRIDAY! Cheese Pizza Romaine Salad w/ Dressing Pears	Monday Peanut Butter and Jelly Sandwich
28	Breaded Chicken Sandwich Steamed Broccoli Applesauce Choice of Milk	29 Popcorn Chicken Bowl Bread Slice Mashed Potatoes Mix Fruit Choice of Milk	30 Hamburger on Bun Baked Beans Diced Peaches Choice of Milk	31 Chicken Strips Mini Pretzel Buttered Cauliflower Fresh Banana Choice of Milk	1 No School	Tuesday Ham Sandwich on Bun
4	 No School	5 National Cheese Day! Macaroni & Cheese Green Beans Mix Fruit Choice of Milk	6 Brunch 4 Lunch Pancakes w/ sausage Sweet Potato Fries Diced Pears Choice of Milk	7 Walking Taco w/ Rice Refried Beans Sliced Peaches Choice of Milk	8 Chicken Nuggets Bread Slice Sweet Corn 100% Fruit Juice Choice of Milk	Wednesday Peanut Butter and Jelly Sandwich
11	BBQ Ribs on Bun Glazed Carrots Applesauce Choice of Milk	12 Cream Chicken over Biscuit Mashed Potatoes Diced Peaches Choice of Milk	13 Shredded BBQ Pork on Bun Baked Beans Fresh Oranges Choice of Milk	14 Spaghetti W/ Meat Sauce Bread Stick Romaine Salad w/ Dressing Apples Choice of Milk	15 PIZZA FRIDAY! Pepperoni Pizza Green Beans Cinnamon Apples Choice of Milk	Thursday Ham Sandwich on Bun
18	Corn Dog Black Bean Corn Salad Diced Pears Choice of Milk	19 Popcorn Chicken Bowl Bread Slice Steamed Corn Fresh Apples Choice of Milk	20 Grilled Cheese Sandwich Steamed Broccoli Pineapple tidbit Choice of Milk	21 Mini Meatball Hoagie Glazed Carrots Mix Fruit Choice of Milk	22 PIZZA FRIDAY! Cheese Pizza Green Beans Applesauce Choice of Milk	Friday Peanut Butter and Jelly Sandwich
25	BBQ Breaded Chicken Sandwich Sweet Potato Coins Applesauce Milk	26 Taco Tuesday! Chicken Taco w/ Rice Refried Beans Fresh Banana Choice of Milk	27 Buffalo Chicken Alfaro Winter Blend Mix Fruit Choice of Milk	28 Hot Dog on Bun Baked Fries Pears Choice of Milk	29 Italian dunkers w/ Marinara Romaine salad Diced Peaches Choice of Milk	USDA is a equal Opportunity provider and employer.

